



The Fourth Libra Foundation New Forest Bike Ride Entry Form Saturday 3 March 2012



Please select your route: 30km 60km team 30/60km family 5km family 10km

Name: _____ Age: (if under 18) _____

Address: _____

Postcode: _____ Email: _____

Tel No: _____ Mobile No: _____

Family or Team Registration: (please circle Family or Team)

Name: _____ Age: (if under 18) _____ Name: _____ Age: (if under 18) _____

Name: _____ Age: (if under 18) _____ Name: _____ Age: (if under 18) _____

Name: _____ Age: (if under 18) _____ Name: _____ Age: (if under 18) _____

For your Health and Safety

- ☼ For your own safety and protection, it is recommended that you wear a cycle helmet
- ☼ Children under 16 years old must be accompanied by an adult on the ride
- ☼ It is recommended that you carry a mobile phone with you on the ride

Minimum Sponsorship/Advance Entry Fee £25 per adult, £50 per family

Registering in advance entitles riders to refreshments and a hot dog/ veggie dog.
These incentives cannot be guaranteed for riders who register on the day of the event

Minimum Sponsorship/Race Day Entry Fee £30 per adult, £60 per family

- I enclose a cheque made payable to The Libra Foundation of £ _____
- I will pay by paypal at www.librafoundation.org.uk/pay
- I am a Libra student and commit to raising at least £25 towards my £250

**THIS IS A CHARITY EVENT. NOW, MORE THAN EVER, YOUR SPONSORSHIP IS VITAL .
Please aim to raise as much as you can! Prizes for top fundraisers!
Sponsorship forms will be sent & don't forget about: www.justgiving.com/librafoundation**

Declaration

- ☼ I understand that this event is not a race and that I must abide by the event rules & Highway Code, paying special attention to the *single file rule* (51/63). I agree that if I am under 16, an adult will accompany me.
- ☼ By entering this event, I understand that I commit to raising sponsorship for the The Libra Foundation. All monies collected by me will be forwarded to the address below at the earliest possible date and not later than **30 April 2012** (All cheques payable to **The Libra Foundation** please).
- ☼ Libra has taken reasonable steps to reduce the chances of injury but in an event of this sort, the responsibility of injury must remain the rider's and he/she should behave reasonably.
- ☼ I understand that The Libra Foundation reserve the right to remove any participant whose behaviour puts themselves or others at risk.

Signed: _____ Date _____ Signed: _____ Date _____

Signed: _____ Date _____ Signed: _____ Date _____

Signed: _____ Date _____ Signed: _____ Date _____

All adults shown on this form must sign this declaration If under 18, please ask your parent or guardian to sign this form

Return to: The Libra Foundation, 20 George Road, Milford-on-Sea, Hants, SO41 0RS

The Libra Foundation is a registered charity no: 1123200



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Guidelines for taking part

We want you to enjoy participating in The Forth Libra Foundation New Forest Bike Ride.

The event is organised with your safety in mind so there are a few things that we would like to remind you of:

- All riders need to have registered in advance or on the day by completing an entry form and pay entry fee/minimum sponsorship of £25 per person or £50 family entry.
- We would ask that children under the age of 16 are accompanied by an adult.
- The ride is a fundraising event and we encourage all our riders to raise as much as they can for The Libra Foundation. There will be prizes for the top fundraisers.
- If you are not a regular cyclist and cycling 30km or more we would recommend you fit some appropriate practice runs in beforehand.
- You should make sure your bike is in good working order and carry clothing suitable for the weather.
- Although there are refreshment at the Start/Finish point you should carry enough liquid and snacks to keep you going.
- All riders must abide by the New Forest Cycling Code:
 - ★ Keep to the Way Marked tracks when cycling in the Forest
 - ★ Slow down and call out a warning when approaching other Forest users. Be courteous and friendly.
 - ★ Take extra care when nearing horse riders. When in a group, all cyclists should pass the horse on the same side.
 - ★ Do not startle ponies, cattle or other wildlife. Go slowly and give them space.
 - ★ Avoid causing obstructions - do not ride more than two abreast. Always ride in single file on narrow roads.
 - ★ Keep well away from any work going on in the Forest.
 - ★ Do not pass any vehicle loading timber until you have been told it is safe to do so.
- At times you will be cycling on public roads and should respect other road users and follow the Highway Code paying special attention to the *single file rule* (51/63)
- All RIDERS are expected to pass through the check point and must register to start and finish. **Failure to check in at the finish will result in a search party!**

Signed:	
Print name:	
Date:	
Please supply a name and phone number that we can contact in event of emergency, please do not use a fellow rider!	
Name of contact:	
Phone number of contact:	

We will use the personal information you provide for administration purposes related to The Libra Foundation Bike Rides, however the mobile no. will be destroyed after the event.

**The Libra Foundation would like to thank you
for taking part in the event and do hope you enjoy the day.**